

SEAGULES

MONDAY

☐

9:00 AM - OPEN 'EARLY RISERS'

11:15 AM - STICK
12:30 PM - STICK

1:45 PM - MEN'S
(OUT-OF-THE-HAT)

6:45 & 8:45 PM -
LADIES (TOC)

TUESDAY

☐

9:00 & 11:15 AM -
LADIES (TOC)

1:30 TO 3:30 PM -
COACHING &
PRACTICE ICE

6:30 & 8:45 PM -
MEN'S (TOC)

WEDNESDAY

☐

9:00 AM - STICK
10:15 AM - STICK
11:30 AM - STICK
12:45 PM - STICK
2:00 PM - STURLING

4:30 PM - MIXED
'SUPPER CLUB' (TOC)

7:00 PM - OPEN 'FUN'
LEAGUE

THURSDAY

☐

9:00 & 11:15 AM -
LADIES (OUT-OF-THE-
HAT)

11:15 AM & 1:30 PM -
MEN'S (TOC)

3:45 PM - JUNIORS

6:30 & 8:45 PM -
MIXED (TOC)

FRIDAY

☐

9:00 AM - STURLING
10:15 AM - STICK -
LADIES

4:15 PM - DOUBLES

6:00 & 7:45 PM - OPEN
'TGIF' LEAGUE (6 ENDS)

SATURDAY

☐

SUNDAY

☐

1:00 PM - CASH
(TOC - FALL ONLY)

3:30 PM - LEARN TO
CURL PRGRAM
(90 MIN. X 8 WEEKS;
FALL ONLY)

NOTES:

OUT-OF-THE-HAT (OOH) LEAGUES
ARE FORMED BASED ON PLAYERS
REGISTERED & THEN PLAY FOR
THAT 10-WEEK SESSION.

TEAM OF CHOICE (TOC) LEAGUES
ARE TEAMS THAT ARE FORMED
PRIOR TO REGISTRATION.

STURLING LEAGUE PLAYS BY
STICK RULES BUT THE DELIVERY
CAN BE WITH A STICK OR
TRADITIONAL SLIDE.

DOUBLES CAN BE ANY COMBO OF
2 PLAYERS AND TOC OR OOH.

LEAGUES

LADIES (4 PLAYERS/TEAM)

MONDAY - 6:45 & 8:45 PM

TUESDAY - 9:00 & 11:15 AM

THURSDAY - 9:00 & 11:15 AM

FRIDAY-STICK (2 PLAYERS)
- 10:15 AM

2 PLAYERS/TEAM

STICK-MON-11:15 AM & 12:30 PM

STICK-WED-9:00 AM, 10:15 AM,
11:30 AM & 12:45 PM

STURLING-WED-2:00 PM; FRIDAY-
9:00 AM

STICK-FRIDAY-10:15 AM-LADIES

DOUBLES-FRIDAY-4:15 PM

MEN'S (4 PLAYERS/TEAM)

MONDAY - 1:45 PM

TUESDAY - 6:30 & 8:45 PM

THURSDAY - 11:15 AM &
1:30 PM

OTHER

THURSDAY - JUNIORS
3:30 PM (AGES 9-18)

MIXED & OPEN (4 PLAYERS/TEAM)

MONDAY - 9:00 AM - OPEN -
EARLY RISERS

WED-4:30 PM-SUPPER CLUB

WED - 7 PM - OPEN - FUN

THURS - 6:30 & 8:45 PM

FRIDAY - OPEN - TGIF (6 ENDS)
- 6:00 PM & 7:45 PM

NOTES

OUT-OF-THE-HAT (OOH) LEAGUES ARE
FORMED BASED ON PLAYERS
REGISTERED & THEN PLAY FOR THAT 10-
WEEK SESSION.

TEAM OF CHOICE (TOC) LEAGUES ARE
TEAMS THAT ARE FORMED PRIOR TO
REGISTRATION.

STURLING LEAGUE PLAYS BY STICK
RULES BUT THE DELIVERY CAN BE WITH
A STICK OR TRADITIONAL SLIDE.

DOUBLES CAN BE ANY COMBO OF 2
PLAYERS AND TOC OR OOH.